

## Lapse Designee

Metropolitan Life Insurance Company

### SECTION 1: Insured information

First name	Middle name	Last name
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Group number

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### SECTION 2: Lapse Designee information

Please select one of the following options to indicate your Lapse Designee decision:

- Please add the person indicated below as my Lapse Designee.
- Please update the contact information for my current Lapse Designee.
- Please remove my current Lapse Designee and replace them with the person indicated below.
- Please remove my current Lapse Designee. I understand that I will no longer have a Lapse Designee.

#### Lapse Designee:

First Name	Last Name		
Address	City	State	ZIP

### SECTION 3: Signature

<b>Sign Here</b>	Signature of Insured	Date (mm/dd/yyyy)
	_____	_____

### SECTION 4: How to submit this form

**Mail:**  
 MetLife  
 Long Term Care  
 P.O. Box 14634  
 Lexington, KY 40512-4634

**Fax:**  
 866-314-5612

**Email:**  
 LTCOperations@metlife.com