

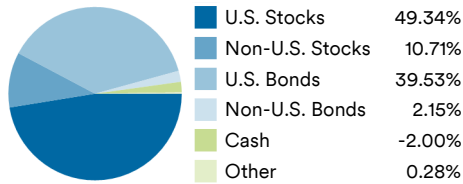
MFS[®] Total Return Portfolio

Investment Objective

Seeks a favorable total return through investment in a diversified portfolio.

Portfolio Composition

Asset Types (09/30/20)



Top 20 Holdings (09/30/20)

Fed Home Loan Bk 0.000% 01-Oct-2020	3.20%
Comcast Corp	2.15%
Microsoft Corp	2.15%
Johnson & Johnson	2.03%
US Treasury 1.375% 31-Jan-2022	1.59%
Goldman Sachs Group Inc	1.50%
Cigna Corp	1.43%
JPMorgan Chase & Co	1.39%
Union Pacific Corp	1.32%
Eaton Corporation PLC	1.23%
Merck & Co Inc	1.19%
Medtronic PLC	1.16%
Truist Financial Corp	1.12%
Danaher Corp	1.12%
Honeywell International Inc	1.06%
Apple Inc	1.02%
Accenture PLC	0.98%
Philip Morris International Inc	0.98%
Intel Corp	0.95%
Aon PLC	0.91%

Top 20 Holdings As Percentage of Total:	28.45%
Total Number of Holdings	845
Annual Turnover Ratio	42%

Stock Sectors[†] (09/30/20)

Financials	11.93%
Health Care	11.28%
Information Technology	9.99%
Industrials	9.26%
Consumer Staples	5.73%
Communication Services	3.30%
Utilities	2.61%
Consumer Discretionary	2.39%
Materials	1.71%
Energy	0.90%
Real Estate	0.53%
Non Classified Equity	0.42%
Total	60.05%

[†] Sector percentages are based on weight of each sector in the total portfolio. They may not total 100%.

General Information

Lipper Classification: Mixed-Asset Trgt Alloc Mod Fds
Broad Classification: Balanced
Inception Date: 05/01/02
Fund of Funds: No
Share Price: \$158.81
Total Assets (\$M): \$704.17
Advisor: Brighthouse Investment Advisers LLC
Subadvisor: Massachusetts Financial Services Company

Managers

Steven R. Gorham, Since 01/02
 Brooks A. Taylor, Since 01/04
 Joshua P. Marston, Since 01/08
 Jonathan W. Sage, Since 04/13
 Robert Persons, Since 01/17
 Alexander Mackey, Since 12/19
 Henry Peabody, Since 12/19
 Johnathan Munko, Since 12/19

Risk Statistics (09/30/20)

	Fund	Peer	Bmrk*
Alpha (%)	-0.17	-0.15	N/A
Beta	0.60	0.56	N/A
R ² (%)	0.95	0.90	N/A
Sharpe Ratio	0.35	0.48	0.60
Std Deviation (%)	10.99	11.03	17.74

3-year average. Calculations may incorporate performance from other share classes when there is less than three years' history. Measured against the S&P 500 TR USD. *Source: Wilshire Compass

Portfolio Statistics (09/30/20)

	Fund	Peer	Bmrk*
Avg P/E Ratio (x)	26.14	22.20	30.86
Avg P/B Ratio (x)	5.94	5.53	3.13
Avg Mkt Cap (\$M)	208,774	173,825	445,193

Benchmark for this fund is S&P 500 TR USD. *Source: Wilshire Compass

About Risk

Prices of equity securities change in response to many factors, including past and prospective earnings of the issuer, the value of its assets, general economic conditions, investor perceptions, and market liquidity. Bond prices may change in response to many factors, including changes to market interest rates, inflation, changes to the credit worthiness of the issuer, liquidity concerns, and investor perception. Investing in moderate allocations does not guarantee a profit or protect against a loss, and moderate funds will not necessarily outperform more aggressive funds in down markets.

Glossary of Terms

Alpha Measures the portion of a fund's return that is unrelated to movements in the benchmark. It is calculated over the most recent 36 months of data.

Beta Measures the degree to which a fund's return is affected by movements in the market, represented by the fund's benchmark index. The market is represented as 1.0, so a fund with a beta of 2.0 means that the fund's price moves twice as much as the market, plus or minus the fund's alpha.

Market Cap Calculated by multiplying the market price per share of a company by the number of shares outstanding. Companies are usually grouped into micro, small, mid and large "caps."

P/B Ratio Price-to-book ratio is calculated by dividing the current share price of a stock by its latest quarter's book value per share. Book value is total assets minus intangible assets and liabilities.

P/E Ratio Price-to-earnings ratio is the valuation of a company's current share price compared to its per-share earnings over the most recent 12-month period.

R-Squared Measures the proportion of a fund's performance that is related to its benchmark index. For example, a large-cap equity fund with an R² of 86 that is benchmarked to the S&P 500 Index indicates that 86% of the fund's historical behavior can be attributed to movements in the S&P 500.

Sharpe Ratio The ratio of a fund's excess returns to its standard deviation. Measured over a 36-month period.

Standard Deviation Measures the historical volatility of a fund. Funds with higher standard deviation are generally considered to be riskier.

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