



Equity Advantage VUL

Performance Summary as of 09/30/19

Metropolitan Life Insurance Company

Variable Investment Option Performance Update

Annualized Rates of Return after Deduction of Portfolio Level Expenses

Asset Class	Variable Funding Options	Style	One Month	YTD	1 Year	3 Year	5 Year	10 Year or Since Portfolio Inception*	Portfolio Inception Date	
Risk Managed Global Multi-Asset	AB Global Dynamic Allocation Portfolio - Class B		0.49%	14.75%	7.42%	5.74%	5.39%	5.98%	04/29/2011	
	AQR Global Risk Balanced Portfolio - Class B		0.11%	17.32%	10.63%	5.69%	2.68%	3.76%	04/29/2011	
	BlackRock Global Tactical Strategies Portfolio - Class B		0.57%	15.63%	6.08%	6.41%	5.10%	5.44%	04/29/2011	
	Brighthouse Balanced Plus Portfolio - Class B		0.62%	17.50%	6.73%	8.23%	6.62%	7.22%	04/29/2011	
	Invesco Balanced-Risk Allocation Portfolio - Class B		0.62%	11.63%	5.72%	4.40%	4.64%	4.48%	04/30/2012	
	JPMorgan Global Active Allocation Portfolio - Class B		0.43%	12.53%	5.77%	5.85%	5.30%	6.29%	04/30/2012	
	MetLife Multi-Index Targeted Risk Portfolio - Class B		0.78%	16.29%	6.76%	7.13%	5.95%	7.37%	11/12/2012	
	PanAgora Global Diversified Risk Portfolio - Class B		-0.17%	22.10%	16.60%	6.45%	6.53%	6.33%	04/28/2014	
	Schroders Global Multi-Asset Portfolio - Class B		0.48%	16.86%	6.82%	6.19%	5.28%	6.57%	04/30/2012	
	Asset Allocation	American Funds® Balanced Allocation Portfolio - Class B		0.52%	11.92%	2.86%	8.07%	6.64%	8.43%	04/28/2008
American Funds® Growth Allocation Portfolio - Class B			0.87%	13.75%	1.19%	9.64%	7.69%	9.74%	04/28/2008	
American Funds® Moderate Allocation Portfolio - Class B			0.32%	10.66%	4.18%	6.60%	5.73%	7.18%	04/28/2008	
Brighthouse Asset Allocation 20 Portfolio - Class A			0.09%	9.82%	7.03%	4.36%	4.01%	5.35%	05/02/2005	
Brighthouse Asset Allocation 40 Portfolio - Class A			0.54%	11.67%	5.54%	5.88%	4.95%	6.72%	05/02/2005	
Brighthouse Asset Allocation 60 Portfolio - Class A			0.79%	13.45%	3.63%	7.26%	5.88%	8.01%	05/02/2005	
Brighthouse Asset Allocation 80 Portfolio - Class A			1.13%	15.48%	1.88%	8.69%	6.74%	9.18%	05/02/2005	
Brighthouse Asset Allocation 100 Portfolio - Class A			1.29%	17.13%	0.08%	9.66%	7.40%	9.93%	05/02/2005	
SSGA Growth and Income ETF Portfolio - Class A			1.23%	13.94%	3.78%	7.30%	5.69%	7.59%	10/03/2005	
SSGA Growth ETF Portfolio - Class A			1.69%	14.85%	1.41%	8.19%	6.20%	8.38%	10/03/2005	
Domestic Equity (Large Cap)	American Funds® Growth Fund - Class 2	Growth	-0.20%	15.42%	-0.80%	14.60%	12.29%	13.08%	02/08/1984	
	American Funds® Growth-Income Fund - Class 2	Blend	0.58%	15.80%	1.64%	12.72%	10.09%	12.26%	02/08/1984	
	BlackRock Capital Appreciation Portfolio - Class A	Growth	-1.97%	21.28%	2.49%	17.30%	13.35%	13.17%	10/31/1994	
	Brighthouse/Wellington Core Equity Opportunities Portfolio - Class A	Value	0.09%	24.93%	13.61%	14.47%	11.53%	12.07%	10/31/1994	
	Brighthouse/Wellington Large Cap Research Portfolio - Class A	Blend	1.01%	20.95%	2.20%	12.17%	10.92%	12.59%	03/23/1998	
	ClearBridge Aggressive Growth Portfolio - Class A	Growth	1.17%	12.20%	-5.96%	7.28%	4.78%	13.06%	02/12/2001	
	Franklin Mutual Shares VIP Fund - Class 2	Value	3.48%	14.66%	0.27%	6.12%	4.76%	8.42%	11/08/1996	
	Jennison Growth Portfolio - Class A	Growth	-1.02%	18.34%	-0.58%	17.21%	13.22%	14.37%	05/01/2002	
	MetLife Stock Index Portfolio - Class A	Blend	1.84%	20.31%	4.00%	13.12%	10.57%	12.96%	05/01/1990	
	MFS® Value Portfolio - Class A	Value	2.54%	21.58%	7.42%	10.46%	9.35%	11.81%	11/09/1998	
Domestic Equity (Mid Cap)	T. Rowe Price Large Cap Growth Portfolio - Class A	Growth	-0.90%	19.05%	2.35%	16.48%	13.18%	15.03%	11/09/1998	
	Brighthouse/Artisan Mid Cap Value Portfolio - Class A	Value	4.52%	17.10%	-2.16%	7.18%	5.33%	10.13%	04/30/1993	
	Frontier Mid Cap Growth Portfolio - Class A	Growth	-0.57%	23.14%	4.46%	13.20%	11.00%	11.97%	04/29/1988	
	MetLife Mid Cap Stock Index Portfolio - Class A	Blend	3.02%	17.68%	-2.71%	9.11%	8.62%	12.29%	07/05/2000	
	Morgan Stanley Discovery Portfolio - Class A	Growth	-10.75%	30.13%	5.57%	22.21%	12.50%	13.39%	03/07/2002	
	T. Rowe Price Mid Cap Growth Portfolio - Class A	Growth	-0.38%	23.23%	7.05%	14.94%	13.33%	14.92%	02/12/2001	
	Victory Sycamore Mid Cap Value Portfolio - Class A	Value	3.99%	21.97%	3.10%	8.88%	6.05%	10.27%	11/09/1998	
	Domestic Equity (Small Cap)	Invesco Small Cap Growth Portfolio - Class A	Growth	-2.35%	14.28%	-9.84%	10.49%	8.84%	13.02%	10/09/2001
		JPMorgan Small Cap Value Portfolio - Class A	Value	4.44%	11.34%	-9.18%	4.17%	5.91%	8.26%	05/02/2005
		Loomis Sayles Small Cap Core Portfolio - Class A	Blend	0.50%	17.27%	-5.11%	9.40%	8.88%	12.39%	05/02/1994
Loomis Sayles Small Cap Growth Portfolio - Class A		Growth	-3.85%	15.31%	-7.09%	14.71%	11.51%	14.64%	05/01/2001	
MetLife Russell 2000® Index Portfolio - Class A		Blend	1.93%	14.30%	-8.71%	8.27%	8.26%	11.25%	11/09/1998	
Neuberger Berman Genesis Portfolio - Class A		Value	0.10%	22.37%	2.21%	12.37%	10.83%	12.14%	07/05/2000	
T. Rowe Price Small Cap Growth Portfolio - Class A		Growth	-0.79%	22.53%	-1.09%	13.51%	11.55%	15.47%	03/03/1997	
Balanced		Brighthouse/Wellington Balanced Portfolio - Class A		0.48%	16.33%	5.39%	8.89%	8.17%	9.65%	07/25/1986
		Franklin Income VIP Fund - Class 2		1.58%	12.19%	4.53%	6.86%	4.10%	7.50%	01/24/1989
		MFS® Total Return Portfolio - Class A		1.49%	14.85%	6.89%	7.29%	6.54%	8.35%	05/01/1987
International Equity	American Funds® Global Small Capitalization Fund - Class 2		-0.67%	19.00%	-0.04%	9.19%	6.84%	8.18%	04/30/1998	
	Baillie Gifford International Stock Portfolio - Class A		1.51%	18.25%	1.41%	8.14%	6.52%	4.88%	05/01/1991	
	Brighthouse/Aberdeen Emerging Markets Equity Portfolio - Class A		1.47%	10.51%	7.03%	4.78%	2.16%	3.13%	05/01/2006	
	Harris Oakmark International Portfolio - Class A		4.62%	12.27%	-6.43%	5.89%	3.02%	6.90%	10/09/2001	
	Invesco Global Equity Portfolio - Class A		0.05%	16.55%	-1.83%	11.77%	7.76%	9.97%	03/03/1997	
	Loomis Sayles Global Allocation Portfolio - Class A		0.35%	19.69%	8.12%	11.12%	8.39%	10.58%	04/28/2008	
	MetLife MSCI EAFE® Index Portfolio - Class A		2.95%	13.08%	-1.29%	6.23%	3.17%	4.76%	11/09/1998	
	MFS® Research International Portfolio - Class A		2.59%	17.23%	1.28%	7.98%	4.06%	5.42%	02/12/2001	
	Fixed Income	American Funds® Bond Fund - Class 2	Intern.	-0.62%	8.80%	9.92%	2.83%	3.22%	3.63%	04/30/1997
		BlackRock Bond Income Portfolio - Class A	Intern.	-0.51%	9.28%	10.47%	3.33%	3.67%	4.51%	08/26/1983
Brighthouse/Templeton International Bond Portfolio - Class A		World	0.97%	0.05%	1.04%	2.61%	-0.59%	3.18%	05/01/2009	
MetLife Aggregate Bond Index Portfolio - Class A		Intern.	-0.54%	8.44%	10.11%	2.72%	3.15%	3.45%	11/09/1998	
PIMCO Inflation Protected Bond Portfolio - Class A		Infltn Protctd	-1.00%	7.51%	6.40%	2.26%	2.03%	3.48%	05/01/2003	
PIMCO Total Return Portfolio - Class A		Intern.	-0.41%	8.87%	10.03%	3.68%	3.64%	4.19%	02/12/2001	
Western Asset Management Strategic Bond Opportunities Portfolio - Class A		Multisector	0.37%	12.00%	10.09%	5.02%	4.39%	6.25%	10/31/1994	
Western Asset Management U.S. Government Portfolio - Class A		Intern. Gov.	-0.25%	5.58%	7.17%	2.09%	2.19%	2.73%	10/31/1994	
Specialty		Clarion Global Real Estate Portfolio - Class A		1.94%	21.82%	14.45%	5.08%	5.81%	7.85%	05/01/2004
		VanEck Global Natural Resources Portfolio - Class A		-0.13%	3.41%	-20.82%	-8.80%	-10.64%	-2.68%	10/31/2008

- Return Not Available

Fixed Account for Equity Advantage VUL currently crediting: 4.20% net

The Fixed Account crediting rate is applied to all amounts allocated to the Fixed Account. This rate may change at any time.

Current performance may be lower or higher than the performance quoted.

Prior to March 6, 2017, Brighthouse Funds Trust I was known as Met Investors Series Trust and Brighthouse Funds Trust II was known as Metropolitan Series Fund.

*Not annualized for Investment Options/Portfolios in existence for less than one year.

We urge you to contact your Metropolitan Life Insurance Company appointed agent to obtain a personalized illustration, which reflects the charges and expenses applicable to your policy.

A fee waiver or expense limit may be or have been in place for any of the investment options. The reduced expenses that may result from this waiver or limit may increase performance results. Please see the prospectus for more information.

Prior to March 6, 2017, Brighthouse Funds Trust I was known as Met Investors Series Trust and Brighthouse Funds Trust II was known as Metropolitan Series Fund.

Effective April 28, 2008, the MFS Value Portfolio of the Met Investors Series Trust (MIST) merged with and into the MFS Value Portfolio of the Metropolitan Series Fund, Inc. (MSF). Values before April 28, 2008 reflect the performance of the MIST MFS Value Portfolio and that of its predecessor, the Travelers Series Trust MFS Value Portfolio, since the latter's inception on July 20, 1998.

Effective May 3, 2010, the FI Mid Cap Opportunities Portfolio of the Metropolitan Series Fund, Inc. merged with and into the Morgan Stanley Mid Cap Growth Portfolio of the Met Investors Series Trust. Values before May 3, 2010, reflect the performance of the FI Mid Cap Opportunities Portfolio since its inception on March 3, 1997.

Effective May 2, 2011, the MetLife Aggressive Allocation Portfolio of the Metropolitan Series Fund, Inc., merged with and into the MetLife Aggressive Strategy Portfolio (currently known as Brighthouse Asset Allocation 100 Portfolio) of the Met Investors Series Trust. Performance before May 2, 2011 reflects the performance of the MetLife Aggressive Allocation Portfolio from its inception on May 2, 2005.

Effective April 30, 2012, the Lord Abbett Mid Cap Value Portfolio of the Metropolitan Series Fund merged into the Lord Abbett Mid Cap Value Portfolio (currently known as Invesco Mid Cap Value Portfolio) of the Met Investors Series Trust. Values before April 30, 2012 reflect the performance of the Lord Abbett Mid Cap Value Portfolio of the Metropolitan Series Fund.

Effective April 29, 2013, the MLA Mid Cap Portfolio (formerly the Lazard Mid Cap Portfolio) of the Met Investors Series Trust merged into the Neuberger Berman Genesis Portfolio of the Metropolitan Series Fund. Values before April 29, 2013 reflect the performance of the MLA Mid Cap Portfolio

Effective April 29, 2013, the Met/Franklin Income Portfolio of the Met Investors Series Trust merged into the Loomis Sayles Global Markets Portfolio of the Met Investors Series Trust. Values before April 29, 2013, reflect the performance of the Met/Franklin Income Portfolio.

Effective April 29, 2013, the Oppenheimer Global Equity Portfolio of the Metropolitan Series Fund (MSF) merged into the Met/Templeton Growth Portfolio of the Met Investors Series Trust (MIST) and the Met/Templeton Growth Portfolio was renamed the MIST Oppenheimer Global Equity Portfolio. Values before April 29, 2013 reflect the performance of the MSF Oppenheimer Global Equity Portfolio.

Prior to April 29, 2019, the Morgan Stanley Discovery Portfolio was known as the Morgan Stanley Mid Cap Growth Portfolio.

Prior to April 29, 2019, the Loomis Sayles Global Allocation Portfolio was known as the Loomis Sayles Global Markets Portfolio.

Prior to May 24, 2019, the Invesco Global Equity Portfolio was known as the Oppenheimer Global Equity Portfolio.

Prospectuses for the underlying investment funds are available from MetLife. The prospectuses contain information about the investment objectives, risks, and policies of the underlying investment funds, as well as other information about the underlying funding choices. Please read the prospectuses and consider this information carefully before investing. Product availability and features may vary by state. All product guarantees are subject to the financial strength and claims-paying ability of the issuing insurance company.

The average annual total returns shown above represent past performance and are not an indication of future performance. Past performance does not guarantee future results. Current performance may be lower or higher than the performance information shown. The investment experience and cash value of a policy will fluctuate so that, at the time of a withdrawal or surrender, the cash value may be worth more or less than the amount of premiums paid.

Performance results current to the most recent month-end are available at www.metlife.com.

Equity Advantage Variable Universal Life _EAVUL_ is issued by Metropolitan Life Insurance Company, New York, NY 10166, and distributed by MetLife Investors Distribution Company _member FINRA_. Both are MetLife companies. Policy Form Series 1E-46-06-NY-1

• Not A Deposit • Not FDIC-Insured • Not Insured By Any Federal Government Agency
• Not Guaranteed By Any Bank Or Credit Union • May Go Down In Value

CLVL282

0