

Variable Investment Option Performance Update

Brighthouse Life Insurance Company

The performance data quoted represents past performance and does not guarantee future results. The investment return and principal value of an investment will fluctuate and an investor's shares, when redeemed, may be worth more or less than their original cost. Returns for Sub-Accounts that invest in Portfolios that were in existence prior to the Sub-Account inception date have been adjusted to reflect the charges and expenses of the Scudder Advocate ST1 Variable Annuity, as if the contract had existed during the stated period(s), including all Portfolio-level expenses, the M&E risk and administrative expense charges of 1.80% and the annual contract administrative charge of \$30. Premium taxes are not reflected. Past performance is no guarantee of future results.

Scudder Advocate ST1 Non-Standardized Performance: Without surrender charges applied as of 10/31/2019

Asset Class	Variable Funding Options	Style	One Month	YTD	1 Year	3 Year*	5 Year*	10 Year or Since Portfolio Inception*	Portfolio Inception Date
Asset Allocation									
	Brighthouse Asset Allocation 40 Portfolio - Class B		0.74%	10.65%	8.09%	4.34%	2.67%	4.59%	05/02/2005
	Brighthouse Asset Allocation 60 Portfolio - Class B		1.15%	12.91%	8.41%	6.04%	3.62%	5.97%	05/02/2005
	Brighthouse Asset Allocation 80 Portfolio - Class B		1.68%	15.46%	8.90%	7.81%	4.50%	7.23%	05/02/2005
	Invesco V.I. Managed Volatility Fund - Series I		0.44%	11.20%	3.19%	3.82%	2.11%	6.53%	12/30/1994
Domestic Equity (Large Cap)									
	Alger Capital Appreciation Portfolio - Class S	Growth	2.66%	21.93%	13.48%	15.30%	9.87%	12.45%	01/25/1995
	BNY Mellon Sustainable U.S. Equity Portfolio, Inc. - Service Shares	Growth	1.85%	24.51%	15.72%	11.63%	6.48%	9.99%	10/07/1993
	Brighthouse/Wellington Core Equity Opportunities Portfolio - Class B	Blend	-0.61%	22.23%	16.72%	13.11%	8.49%	9.85%	05/01/2001
	Jennison Growth Portfolio - Class B	Growth	3.07%	20.00%	11.41%	16.51%	10.98%	11.48%	04/03/1985
	MetLife Stock Index Portfolio - Class B	Blend	1.95%	20.74%	11.65%	12.23%	8.19%	11.04%	10/01/1997
	MFS® Value Portfolio - Class E	Value	0.63%	20.47%	11.47%	9.23%	6.75%	9.88%	05/01/1996
	T. Rowe Price Large Cap Growth Portfolio - Class E	Growth	1.98%	19.52%	12.30%	15.29%	10.60%	13.04%	10/29/1999
	T. Rowe Price Large Cap Value Portfolio - Class B	Value	0.29%	17.29%	8.69%	8.47%	5.79%	9.60%	05/02/1994
Domestic Equity (Mid Cap)									
	DWS Small Mid Cap Value VIP - Class B	Value	0.86%	11.71%	0.42%	3.06%	2.01%	7.15%	05/01/1996
	Frontier Mid Cap Growth Portfolio - Class B	Growth	1.28%	22.78%	14.93%	13.05%	8.21%	10.45%	05/01/2001
	T. Rowe Price Mid Cap Growth Portfolio - Class B	Growth	0.05%	21.35%	13.40%	14.00%	10.01%	13.07%	05/03/1999
Domestic Equity (Small Cap)									
	Neuberger Berman Genesis Portfolio - Class B	Value	1.20%	21.94%	11.89%	11.70%	7.81%	10.70%	07/05/2000
	T. Rowe Price Small Cap Growth Portfolio - Class B	Growth	1.30%	22.19%	9.92%	13.12%	8.49%	13.82%	05/02/1994
Balanced									
	Brighthouse/Wellington Balanced Portfolio - Class B		1.06%	15.74%	10.68%	7.62%	5.68%	7.61%	04/06/1982
	MFS® Total Return Portfolio - Class B		0.66%	13.79%	9.79%	5.77%	4.16%	6.25%	09/05/1989
International Equity									
	Brighthouse/Aberdeen Emerging Markets Equity Portfolio - Class A		2.74%	11.96%	16.49%	3.68%	0.65%	1.61%	12/31/1997
	Invesco Global Equity Portfolio - Class B		4.92%	20.35%	11.53%	11.74%	6.46%	8.59%	05/01/1996
	MFS® Research International Portfolio - Class B		3.49%	19.38%	12.28%	7.79%	2.51%	3.85%	01/06/1992
Fixed Income									
	BlackRock Bond Income Portfolio - Class B	Interm.	0.07%	7.65%	9.41%	1.51%	1.37%	2.28%	05/01/1996
	BlackRock High Yield Portfolio - Class B	High Yield	0.24%	10.74%	6.66%	4.42%	2.91%	5.72%	04/06/1982
	BlackRock Ultra-Short Term Bond Portfolio - Class B	Ultrashort	-0.02%	0.10%	0.10%	-0.58%	-1.08%	-1.47%	07/16/1985
	DWS Government & Agency Securities VIP - Class B	Interm. Gov.	0.20%	4.32%	6.23%	0.00%	-0.26%	0.55%	09/03/1987
	Western Asset Management Strategic Bond Opportunities Portfolio - Class E	Multisector	-0.08%	10.24%	9.63%	2.95%	2.20%	3.93%	10/31/1994

*Annualized for Investment Options/Portfolios in existence for more than one year.

A fee waiver or expense limit may be or have been in place for any of the investment options. The reduced expenses that may result from this waiver or limit may increase performance results. Please see the prospectus for more information.

Effective on or about June 3, 2019, The Dreyfus Sustainable U.S. Equity Portfolio, Inc. was renamed the BNY Mellon Sustainable U.S. Equity Portfolio, Inc..

Effective on or about May 24, 2019, Invesco Advisers, Inc. replaced Oppenheimer Variable Accounts Funds as the subadviser to the Invesco Global Equity Portfolio which was previously known as the Oppenheimer Global Equity Portfolio.

Effective July 2, 2018, Deutsche DWS Variable Series II replaced Deutsche Variable Series II as the subadviser to the DWS Government & Agency Securities VIP previously known as Deutsche Government & Agency Securities VIP.

Effective July 2, 2018, Deutsche DWS Variable Series II replaced Deutsche Variable Series II as the subadviser to the DWS Small Mid Cap Growth VIP previously known as Deutsche Small Mid Cap Growth VIP.

Prior to the opening of business on April 30, 2018, the MFS® Value Portfolio II (formerly the BlackRock Large Cap Value Portfolio) of Brighthouse Funds Trust II merged with and into the MFS® Value Portfolio of Brighthouse Funds Trust II.

Effective on or about September 1, 2017, Massachusetts Financial Services Company replaced BlackRock Advisors, LLC as the subadviser to the MFS® Value Portfolio II, which was previously known as BlackRock Large Cap Value Portfolio.

Effective on April 29, 2013, the Oppenheimer Global Equity Portfolio of the Metropolitan Series Fund merged into the Met/Templeton Growth Portfolio of Met Investors Series Trust and the Met/Templeton Growth Portfolio was renamed the Oppenheimer Global Equity Portfolio of the Met Investors Series Trust. Values before April 29, 2013 reflect the performance of the Oppenheimer Global Equity Portfolio of the Metropolitan Series Fund.

Effective April 29, 2013, MLA Mid Cap Portfolio of the Met Investors Series Trust (formerly Lazard Mid Cap Portfolio) merged into Neuberger Berman Genesis Portfolio of the Metropolitan Series Fund. Values before April 29, 2013 reflect the performance of MLA Mid Cap Portfolio.

Effective April 29, 2013, RCM Technology Portfolio of the Met Investors Series Trust merged into T. Rowe Price Large Cap Growth Portfolio of the Metropolitan Series Fund. Values before April 29, 2013 reflect the performance of RCM Technology Portfolio.

Effective April 29, 2013, the Class B shares of the T. Rowe Price Large Cap Growth Portfolio were exchanged for the Class E shares of the T. Rowe Price Large Cap Growth Portfolio. As a result of the share class exchange, values before April 29, 2013 reflect the performance of the T. Rowe Price Large Cap Growth Portfolio - Class B.

Effective April 29, 2013, Turner Mid Cap Growth Portfolio of the Met Investors Series Trust merged into Frontier Mid Cap Growth Portfolio of the Metropolitan Series Fund. Values before April 29, 2013 reflect the performance of Turner Mid Cap Growth Portfolio.

Effective May 3, 2010, the following investment portfolio substitution was made: DWS Global Opportunities VIP Portfolio into Oppenheimer Global Equity Portfolio.

Performance for the Oppenheimer Global Equity Portfolio consists of the performance for the DWS Global Opportunities VIP Portfolio before and on April 30, 2010 and the Oppenheimer Global Equity Portfolio after April 30, 2010.

Effective May 3, 2010, the following investment portfolio substitution was made: DWS Technology VIP Portfolio into RCM Technology Portfolio.

Performance for the RCM Technology Portfolio consists of the performance for the DWS Technology VIP Portfolio before and on April 30, 2010 and the RCM Technology Portfolio after April 30, 2010.

Investment Performance Is Not Guaranteed.

Prospectuses for the investment portfolios are available from your financial professional or at www.BrighthouseFinancial.com. The contract prospectus contains information about the contract's features, risks, charges and expenses. The investment objectives, risks and policies of the investment options, as well as other information about the investment options, are described in their respective prospectuses. Investors should consider the investment objectives, risks, charges and expenses of the investment company carefully before investing. Please read the prospectuses and consider this information carefully before investing. Product availability and features may vary by state. Performance current to the most recent month-end may be viewed at www.BrighthouseFinancial.com.

Variable annuities are long-term investments designed for retirement purposes. Variable annuities have limitations, exclusions, charges, termination provisions and terms for keeping them in force. There is no guarantee that any of the variable investment options in this product will meet their stated goals or objectives. The account value is subject to market fluctuations and investment risk so that, when withdrawn, it may be worth more or less than its original value. All product guarantees, including optional benefits, are subject to the claims-paying ability and financial strength of the issuing insurance company. Please contact your financial professional for complete details.

Withdrawals of taxable amounts are subject to ordinary income tax and if made before age 59½, may be subject to a 10% Federal income tax penalty. Distributions of taxable amounts from a non-qualified annuity may also be subject to the 3.8% Unearned Income Medicare Contribution Tax on Net Investment Income if your modified adjusted gross income exceeds the applicable threshold amount. Withdrawals will reduce the living and death benefits and account value. Withdrawals may be subject to withdrawal charges.

This annuity, some riders, features and investment options may not be available in all states, at all firms or at all times.

The contract contains limitations and the policy forms may vary by state. Oregon form numbers: TL-22378OR, L-22378OR.

Scudder Investments is part of Deutsche Asset Management, which is the marketing name in the US for the asset management activities of DeutscheBank AG, Deutsche Investment Management Americas Inc., Deutsche Asset Management Inc., Deutsche Asset Management Investment Services Ltd., Deutsche Bank Trust Company Americas and Scudder Trust Company.

"Brighthouse Financial" refers to Brighthouse Financial, Inc., a Delaware corporation, and, where appropriate in context, to one or more of its subsidiaries, or all of them taken as a whole. The Scudder Advocate ST1 variable annuity is issued by Brighthouse Life Insurance Company (previously issued by MetLife Insurance Company USA) and is distributed by Brighthouse Securities, LLC (member FINRA).

Brighthouse Life Insurance Company • Charlotte, NC 28277

<p>• Not A Deposit • Not FDIC-Insured • Not Insured By Any Federal Government Agency • Not Guaranteed By Any Bank Or Credit Union • May Go Down In Value</p>
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Scudder Advocate ST1

The performance data quoted represents past performance and does not guarantee future results. The return information shown below is the actual average total return since each Sub-Account inception. Also shown (when available) is adjusted historical average total return prior to each Sub-Account inception, derived from the performance of each Sub-Account's corresponding Portfolio, adjusted to reflect the charges and expenses of the Scudder Advocate ST1 Variable Annuity, as if the contract had existed during the stated period(s). The return information is based on the accumulation unit value and reflects all Portfolio-level investment management fees and expenses (including applicable 12b-1 fees), the M&E risk and administrative expense charges of 2.00%, the annual contract administrative charge of \$30, the Enhanced Stepped-Up Provision (E.S.P.) of 0.20%, the current charge for GMWB II 0.50% (maximum of 1.00% upon reset), and the withdrawal charge of 0%. **Premium taxes are not reflected. Past performance is no guarantee of future results.**

Scudder Advocate ST1		Average Annual Total Return as of 10/31/2019 Assuming Contract Surrender			Standardized as of 09/30/2019 Assuming Contract Surrender				
		1 Year	5 Year*	10 Year or Since Sub- Account Inception*	1 Year	5 Year*	10 Year or Since Subaccount Inception*	Portfolio Inception Date	Subaccount Inception Date
Asset Class	Variable Funding Options								
Asset Allocation	Brighthouse Asset Allocation								
	40	7.12%	1.75%	3.65%	2.32%	1.82%	3.54%	05/02/2005	05/23/2005
	Brighthouse Asset Allocation 60	7.44%	2.69%	5.02%	0.60%	2.74%	4.80%	05/02/2005	01/19/2006
	Brighthouse Asset Allocation 80	7.92%	3.57%	6.27%	-1.26%	3.56%	5.93%	05/02/2005	05/12/2005
	Invesco V.I. Managed Volatility	2.26%	1.19%	5.58%	-3.64%	1.20%	5.21%	12/30/1994	06/09/2003
Domestic Equity (Large Cap)	Alger Capital Appreciation	12.46%	8.88%	11.44%	-1.09%	8.58%	10.69%	01/25/1995	06/09/2003
	BNY Mellon Sustainable U.S. Equity	14.68%	5.53%	9.00%	5.09%	5.46%	8.52%	10/07/1993	06/09/2003
	Brighthouse/Wellington Core Equity Opportunities	15.68%	7.52%	8.86%	10.22%	8.21%	8.74%	05/01/2001	06/09/2003
	Jennison Growth	10.41%	10.01%	11.22%	-3.59%	9.84%	10.68%	04/03/1985	05/01/2003
	MetLife Stock Index	10.65%	7.22%	10.04%	0.91%	7.28%	9.60%	10/01/1997	09/16/2005
	MFS® Value	10.47%	5.80%	8.89%	4.30%	6.19%	8.59%	05/01/1996	06/09/2003
	T. Rowe Price Large Cap Growth	11.29%	9.61%	12.03%	-0.61%	9.92%	11.68%	10/29/1999	06/09/2003
	T. Rowe Price Large Cap Value	7.72%	4.84%	8.62%	1.38%	5.07%	8.16%	05/02/1994	06/09/2003
Domestic Equity (Mid Cap)	DWS Small Mid Cap Value								
	VIP	-0.48%	1.09%	6.19%	-10.32%	1.49%	5.68%	05/01/1996	06/09/2003
	Frontier Mid Cap Growth	13.90%	7.24%	9.46%	1.33%	7.70%	8.61%	05/01/2001	06/09/2003
	T. Rowe Price Mid Cap Growth	12.38%	9.02%	12.05%	3.85%	9.95%	11.51%	05/03/1999	06/09/2003
Domestic Equity (Small Cap)	Neuberger Berman Genesis	10.89%	6.84%	9.71%	-0.81%	7.53%	8.81%	07/05/2000	05/01/2004
	T. Rowe Price Small Cap Growth	8.94%	7.52%	12.80%	-4.06%	8.23%	12.03%	05/02/1994	06/09/2003
Balanced	Brighthouse/Wellington								
	Balanced	9.69%	4.73%	6.64%	2.26%	4.95%	6.39%	04/06/1982	06/09/2003
	MFS® Total Return	8.81%	3.23%	5.30%	3.70%	3.37%	5.13%	09/05/1989	06/09/2003
International Equity	Brighthouse/Aberdeen								
	Emerging Markets Equity	15.45%	-0.26%	0.70%	4.09%	-0.63%	0.31%	12/31/1997	06/09/2003
	Invesco Global Equity	10.53%	5.51%	7.62%	-4.77%	4.52%	6.70%	05/01/1996	06/09/2003
	MFS® Research International	11.28%	1.59%	2.92%	-1.77%	0.97%	2.28%	01/06/1992	06/09/2003
Fixed Income	BlackRock Bond Income	8.43%	0.46%	1.36%	7.18%	0.58%	1.40%	05/01/1996	06/09/2003
	BlackRock High Yield	5.71%	1.98%	4.77%	3.32%	2.10%	4.91%	04/06/1982	06/09/2003
	BlackRock Ultra-Short Term Bond	-0.80%	-1.96%	-2.35%	-0.80%	-1.99%	-2.36%	07/16/1985	06/09/2003
	DWS Government & Agency Securities VIP	5.28%	-1.16%	-0.35%	4.11%	-1.14%	-0.30%	09/03/1987	06/09/2003
	Western Asset Management Strategic Bond Opportunities	8.65%	1.29%	3.00%	6.95%	1.39%	3.19%	10/31/1994	06/12/1997

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Brighthouse Life Insurance Company • Charlotte, NC 28277

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